

SECTION .0400 - THE FACILITY

10A NCAC 06R .0401 GENERAL REQUIREMENTS

- (a) The facility and grounds of an adult day care program shall meet the requirements of the local environmental health specialist, the local fire safety inspector, the county department of social services, and the North Carolina Division of Aging and Adult Services.
- (b) The facility shall comply with all applicable zoning laws.
- (c) There shall be adaptable spaces, as defined in Rule .0201(2) of this Subchapter, suitable for activities for participants. Programs shall provide space for participants to engage in group activities and separate space for times when a participant needs privacy and quiet.
- (d) The facility shall provide a minimum of 40 square feet of indoor space for each participant in the portion of the buildings utilized for adult day care programs. This minimum square footage requirement excludes hallways, offices, and restrooms.
- (e) If meals are prepared within the facility, the kitchen shall meet environmental health rules, as defined in 15A NCAC 18A .3300, which is hereby incorporated by reference, including any subsequent amendments.
- (f) Storage areas shall be provided for clean linens, dirty linens, cleaning materials, household supplies, food, equipment, and program supplies needed to conduct activities. These items shall be stored in areas that do not pose a hazard to participants. For the purpose of this Rule, "dirty linen" is any linen which has touched something, other than the storage area itself, or someone after being placed in the clean linen storage area.
- (g) A minimum of one male and one female toilet shall be located in each facility and accessible in accordance with the North Carolina Building Code, which is hereby incorporated by reference, including any subsequent amendments or editions, and can be accessed at no cost at www.ncdoi.com/OSFM/. One toilet shall be available for each 12 adults, including staff and participants who utilize the facility. One hand lavatory shall be provided for each two toilets.
- (h) All rugs and floor coverings must be fastened down. Loose throw rugs are not allowed. Floors shall not be slippery or made from a material that is worn or poses a fall risk to participants.
- (i) A telephone shall be available for participants to make and receive calls.
- (j) Unless identified by the Division of Aging and Adult Services as shared space, the area certified for adult day care shall be used for the sole purpose of the adult day care program and its activities during hours of program operation.

*History Note: Authority G.S. 131D-6; 143B-153(2a); 143B-153(6);
Eff. July 1, 1978;
Amended Eff. September 1, 2007; July 1, 1990; January 1, 1981;
Readopted Eff. September 1, 2019.*